

PEER LEADERSHIP ACADEMY: AUTUMN 2017

Call for Applications



The Peer Leadership Academy is a personal development programme for people with 'lived experience' of a personalised approach to health care, especially personal health budgets. It's helps them to play a vital role in the delivery and shaping of key NHS personalisation health care programmes, including personal health budgets and Integrated Personal Commissioning.

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Empowering people to make choices and tailor their healthcare so that it meets their needs and preferences are fundamental to the changes that the NHS is seeking to make over the next few years. Personal health budgets and Integrated Personal Commissioning are key NHS personalisation programmes that help achieve this goal.

The Peer Leadership Academy is a personal development programme for people with 'lived experience' of a personalised approach to health care, especially personal health budgets. It helps them build their knowledge, skills and confidence so they can play an active role in the development and delivery of the above programmes on a national and regional level. 'Graduates' then become part of the vital on-going Peer Network which helps to shape these programmes and drive-up demand and awareness.

Aimed at people with 'lived experience' of personalised approaches in health, the Peer Leadership Academy is managed by Peoplehub CIC in collaboration with NHS England's Personalisation and Choice Group.

Applications are now open for the next Peer Leadership Academy in autumn 2017.

More Details

Peer Leadership Academies are held twice a year and aim to:-

- Increase the capacity of the national personal health budget and Integrated Personal Commissioning Peer Network. This is a national group of people with 'lived experience' of personal health budgets and personal budgets who support the delivery of these programmes by representing the perspective of people who are expected to benefit from them, ie people with complex, on-going and high-level health and care needs and/or their carers.
- This larger Peer Network aims to help drive-up demand and raise awareness about personal health budget and Integrated Personal Commissioning both from a system perspective, as well as amongst people with complex high-level health and care needs and/or their family carers. They participate in a variety of activities through-out the year.
- The Peer Network also helps to 'co-produce' the Integrated Personal Commissioning and personal health budgets programmes and provides ongoing advice.

Co-production is central to delivery of the key shifts at the heart of the personal health budget and Integrated Personal Commissioning programmes. It represents a different and more proactive relationship between people with health and care needs and the NHS. It is a transformative way of 'thinking' about the role of people with 'lived experience' in shaping health and social care. It also transforms our 'way of working' by recognising that the needs of people with health and care needs can best be met by working in genuine partnership to co-produce and co-design new models of care.

Graduates of the Academy often go on to apply for membership of the Strategic Co-production Group, which has representation on the national Integrated Personal Commissioning Programme Board.

Who can apply?

You are eligible to apply if you are an individual or a family carer who has experience of having a personal health budget or experience of Integrated Personal Commissioning. This can mean experience of personalised care and support planning, a personal health budget or a personal budget with regards to health care. This is usually (but not limited to) people or carers of people with high level ongoing complex health and care needs.

We are looking for people who have direct experience of our personal health budget and/or Integrated Personal Commissioning programmes and who can then link their local initiatives to the national programme.

You must be willing to commit to playing an on-going role in the shaping of the policy and practice within these programmes on a national and local level especially via the Peer Network if possible. However, we understand that exact levels of commitment will vary depending on people's individual circumstances.

We are particularly keen to hear from people with 'lived experience' of personalised approaches to health and social care in following geographical areas:

Birmingham and Solihull	Islington	Portsmouth
Cheshire and Cheshire West	Lincolnshire	Sheffield
Gloucestershire	Luton	Somerset
Greater Manchester	New Devon	South Devon and Torbay
Hampshire	Nottinghamshire and	Stockton
Hertfordshire	Nottingham City	Tower Hamlets

What is the application criteria?

The Peer Leader Academy demands a high level of willingness to engage in complex ideas and thoughtful reflection, as well as an on-going commitment to join the peer network and help shape the ongoing development of the programme. There are a limited number of places. Before applying, we suggest you check below to confirm that you have the required values and behaviours. All applicants will be assessed against the following the criteria.

What experience do I need?

- Experience of personalised care and support planning for a long-term health condition of your own or for a family member.
- In-depth experience of the impact of care in your own life or the life of a family member.
- Experience of a personal health budget of your own or a family member or a personal, personal budget in an Integrated Personal Commissioning site

What skills do I need?

- Self-awareness in terms of how you deal with change
- A constructive approach to giving feedback and a collaborative style.
- Emotionally resilient when faced with indifference or opposition
- Good communication and interpersonal skills
- Be prepared to convey your 'lived experience' through telling your story and relating it to key principles.

- Be willing and able to travel to contribute to change processes.
- Be keen to work alongside Peoplehub to identify and develop other peer leaders.

What knowledge do I need?

- Some understanding of the principles and practice of personalised approaches to health and social care relating to you or a member of your family e.g. support planning.

What else do I need to demonstrate?

- A clear and persuasive reason for wanting to take part in the Peer Leadership Academy and the Peer Network.
- A firm commitment to being at all of the course days and actively participating in each session.
- A genuine commitment to try to make change happen that will benefit other people.

When and where will the next Peer leadership Academy take place?

The next Academy is a six day programme and will take place during autumn 2017 across the following three separate residential sessions.

Participation in all sessions is essential. The venue is Burleigh Court, Loughborough.

Session 1:

19 and 20 September 2017

Session 2:

24 and 25 October 2017

Session 3:

15 and 16 November 2017

Is financial support available for participants?

We have a reimbursement policy that enables us to book travel tickets in advance for participants. We also pay a small participation fee for the six day programme.

How can I apply?

All applicants must complete the application form and submit via email to jo.fitzgerald@nhs.net before 5pm on Friday 25 August 2017.

Shortlisted applicants will be invited for a short interview. Interviews will be held on Tuesday 5 September 2017 at Skipton House, 80 London Road, London SE1 6LH. We can organise travel to the interview for shortlisted applicants.

All successful applicants will be notified by Monday 11 September 2017

If you have a specific query, please contact Jo Fitzgerald, IPC Specialist (Lived experience) via jo.fitzgerald@nhs.net

More Information

If you require more information about the Peer Leadership Academy, the national personal health budget and Integrated Personal Commissioning programmes, please see People Hub website (www.peoplehub.org.uk) and NHS England website (www.england.nhs.uk)